

## BREAKFAST

Served every day, 9am - 11am

### FULL FORGE 9 (GFO)

Smoked bacon, slow cooked tomatoes,  
smoky BBQ beans, sausages,  
flat mushroom, black pudding, egg

### VEGGIE FULL FORGE 7 (V)(GFO)

Slow cooked tomatoes, smoky BBQ beans,  
flat mushroom, egg, avocado

### SAUSAGE OR BACON BUTTY 4.5 (GFO)

### SMASHED AVO & POACHED EGG

ON SOURDOUGH 6.5 (GFO)(VE)  
with smoked salmon + 2

### EGGS BENEDICT 6.5 (VO)

Ham, salmon or spinach,  
with poached eggs & hollandaise

### BREAKFAST BURGER 6.5 (GFO)

Mushroom, bacon, sausage,  
egg, cheese in a brioche bun

### SCRAMBLED EGGS

ON TOAST 5.5 (GFO)(V)  
Simple.

### GRIDDLED PANCAKES (VO)

*with streaky bacon & maple syrup* 6.5  
*with warm mixed berries* 5.5

### ROLLED OAT PORRIDGE 3.5 (V)(G)(VEO)

topped with berry compote

### CHIA SEED & CACAO NIB GRANOLA 3.5 (V)

*(almond, coconut & soya milk available - please ask)*

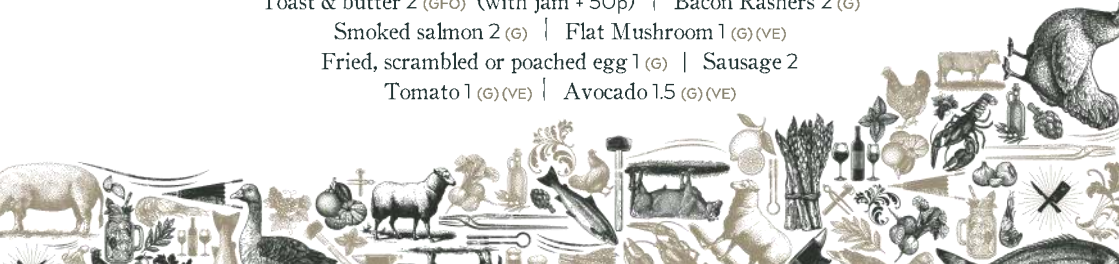
### ADDITIONS

Toast & butter 2 (GFO) (with jam + 50p) | Bacon Rashers 2 (G)

Smoked salmon 2 (G) | Flat Mushroom 1 (G)(VE)

Fried, scrambled or poached egg 1 (G) | Sausage 2

Tomato 1 (G)(VE) | Avocado 1.5 (G)(VE)



## HOT STUFF

### 'PADDY & SCOTT'S' COFFEE

AMERICANO 2.2  
NITRO COLD BREW 3.25  
ESPRESSO 1.6 / 2  
CAPPUCCINO 2.6  
LATTE 2.6

### 'TEAPIGS' TEA 2.25

Everyday Brew | Darjeeling Earl Grey  
Super Fruit | Mao Feng Green Tea  
Peppermint | Lemon & Ginger

*Add a syrup...+25p*

Cinnamon | Caramel | Marshmallow | Vanilla

*Prefer? ...+25p*

Almond milk | Soya milk | Coconut milk

## SMOOTHIES

**BERRY NICE 4** (V) (G)  
Coconut milk, berries,  
Greek yoghurt, drop of honey

**CHIA UP YOUR DAY 4** (VE) (G)  
Coconut water, chia seeds,  
raw cocoa powder, banana

**GLORIOUS GREENS 4** (VE) (G)  
Coconut water, wheatgrass, spirulina,  
chlorella, kale powder, ground flaxseed,  
spinach powder, ashwagandha powder,  
hemp protein powder, banana, stevia

**PROTEIN PEANUT  
BUTTER & JELLY 4** (VE)  
Almond milk, vegan vanilla protein,  
peanut butter, berries, drop of agave syrup

*Don't forget...*

## BOTTOMLESS BREWS

**Monday to Friday**  
*9am - 12 noon*

Unlimited cup refills when you purchase  
a main item breakfast and tea/coffee!



*Breakfast served until 11am. Refills available up to 12pm Monday to Friday (excluding Bank Holidays)  
with the purchase of a main dish item (excluding smoothies) and any tea or coffee.  
Coffee syrups will remain chargeable. Sorry, unlimited refills not available on Nitro Cold Brew.*

## BOOZY BREAKFAST!

**Every Saturday**  
*10am - 11.30am*

Purchase a main item breakfast and enjoy a Forge Bloody Mary,  
Mimosa or 'English Cuppa' cocktail, for just £2.50 each

*Boozy Breakfast drinks are available up to 11.30am on Saturdays (and Bank Holiday Mondays)  
with the purchase of a main dish item (sorry, excludes smoothies).*

G GLUTEN FREE | GFO GLUTEN FREE OPTION | V VEGETARIAN | VO VEGETARIAN OPTION  
VE VEGAN | VEO VEGAN OPTION

For information about the ingredients in each one of our dishes,  
please ask to see our Allergen Menu for all you need to know